



MARTINSTOWN LODGE
A PROFESSIONAL HAVEN FOR YOUR DEVELOPMENT

Leadership Development



Work with our horses
on the ground in a
very dynamic,
innovative and
impactful way

WHAT IS IT ALL ABOUT?

This programme is one of real play, not role play, where we work with horses on the ground in a very dynamic, innovative and impactful way.

This learning is evidence based and is proven to be highly effective and will provide invaluable learning to help you build on your skills as a leader.

NO HORSE EXPERIENCE IS REQUIRED AND NO HORSE RIDING IS INVOLVED

CONNECT WITH US



Email: info@martinstownlodge.ie
Mobile: +353 87 4139265
Web: www.martinstownlodge.ie



Martinstown Lodge,
Athboy, Co Meath C15 HR13 Ireland

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“When we are no longer able to change a situation,
we are challenged to change ourselves.”

VIKTOR E. FRANKL
MAN'S SEARCH FOR MEANING

WHAT OUTCOMES CAN I EXPECT?

Our innovative leadership development programme delivers tangible and sustainable results. A unique experience that is proven to have a longer-term impact on recall and learning. The workshops are designed to:

- ★ increase your awareness of your leadership style;
- ★ improve your communication skills;
- ★ build trust and respect;
- ★ guaranteed fun, relaxation and powerful learning experience, a talking point for years to come!

WHY HORSES?

- ★ evolved over fifty million years horses are highly effective teachers of authentic and compassionate leadership;
- ★ mirroring how we communicate, they provide immediate honest non-judgemental feedback horses;
- ★ will let you know if your behaviour is delivering on your preferred outcomes;
- ★ spending time with our horses in the countryside has an inspirational effect and accelerates learning.

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